
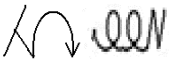
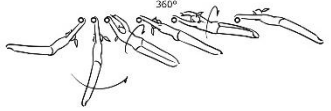




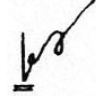
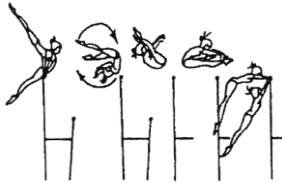



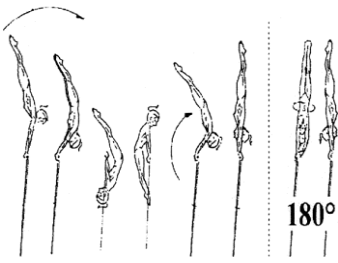

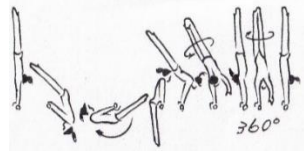



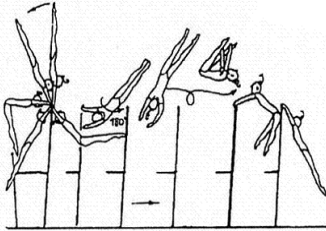
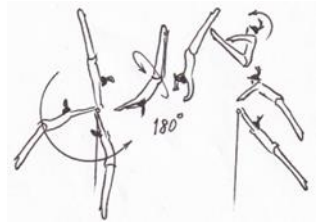
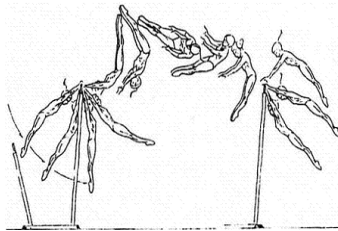
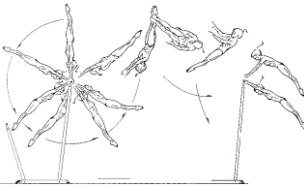
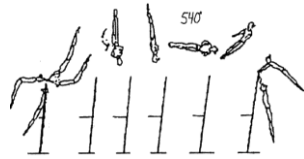
GROUP 4 — ROUND-OFF (YURCHENKO) WITH/WO ¾ TURN (270°) IN 1ST FLIGHT PHASE – SALTO BWD WITH/WITHOUT TWIST IN 2ND FLIGHT PHASE

<p>4.60</p>	<p>4.61</p>	<p>4.62 <i>Round-off, flic-flac on - piked double salto bwd off</i> (Biles)</p> <p>6.40 P.</p>  	<p>4.63</p>	<p>4.64</p>	<p>4.65</p>
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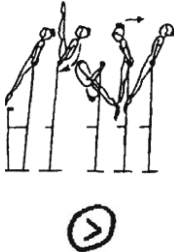
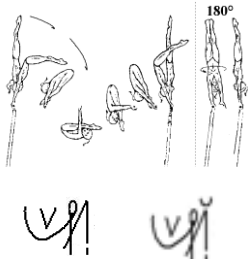


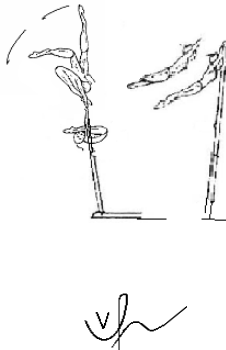
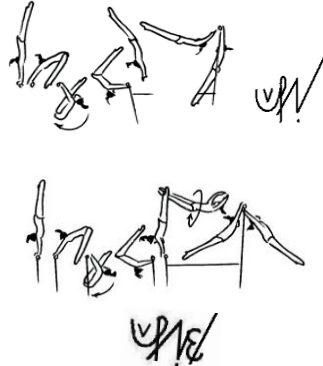
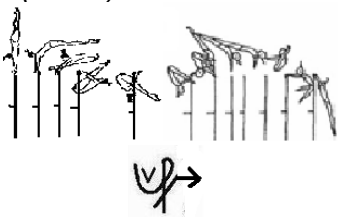

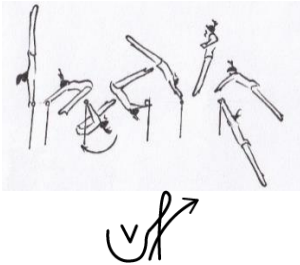
2.000 – CASTS AND CLEAR HIP CIRCLES

A	B	C	D	E	F/G
<p>2.103</p>	<p>2.203 From hang on HB - swing backward with 1/1 turn (360°) to hang on HB</p>  	<p>2.303 From front support on HB – swing bwd with release and 1/1 turn (360°) to hang on HB (Caslavka)</p>  	<p>2.403 From inner front support on LB – cast with salto roll fwd to hang on HB (Radochla roll) (Radochla)</p>  	<p>2.503 Front support on HB – cast with salto fwd straddled to hang on HB (Comaneci salto) (Comaneci)</p>  	<p>2.603</p>
<p>2.104 Hip circle fwd (hips touching bar)</p>  	<p>2.204</p>	<p>2.304</p>	<p>2.404 Clear hip circle fwd to hstd, also with ½ turn (180°) in hstd phase (Weiler-kip)</p>  	<p>2.504 Clear hip circle fwd to hstd with 1/1 turn (360°) in hstd phase (Weiler kip) (Godwin)</p>  	<p>2.604</p>

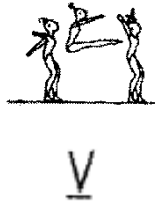
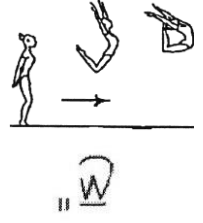
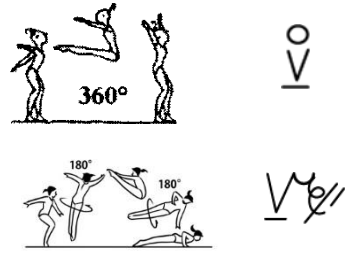
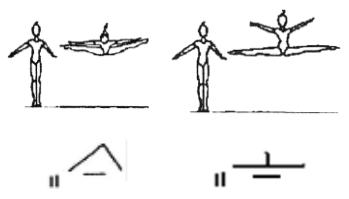
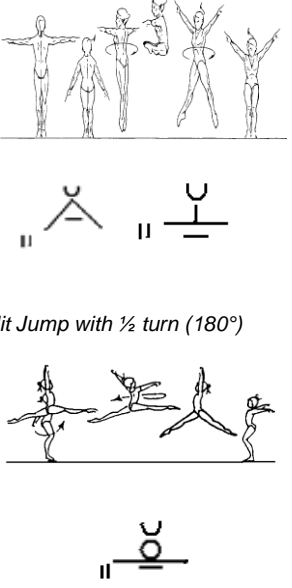
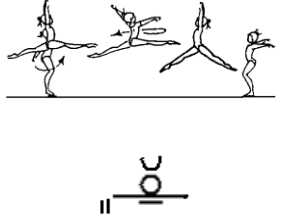
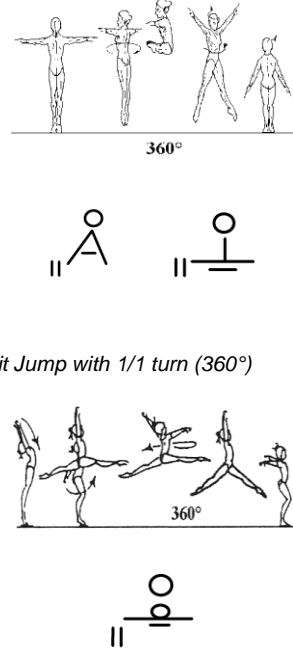
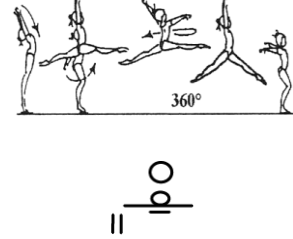
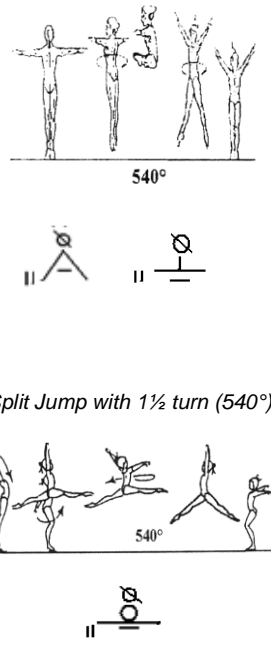
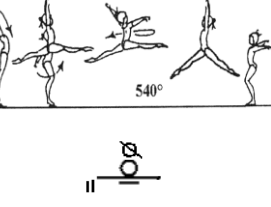
3.000 — GIANT CIRCLES

A	B	C	D	E	F/G
<p>3.105</p>	<p>3.205</p>	<p>3.305</p>	<p>3.405 Swing fwd with ½ turn (180°) and salto fwd straddled (Deltchev Salto), or piked (Moreno/Nakamura)</p>  <p>۳۴۱</p>  <p>۳۴۲</p> <p>or swing fwd and salto bwd with ½ turn (180°) piked (Gienger Salto) – to hang on HB</p>  <p>۳۴۳</p>	<p>3.505 Swing fwd and salto bwd with ½ turn (180°) stretched to hang on HB</p>  <p>۳۴۴</p>	<p>3.605</p> <p>3.705 Swing fwd and salto bwd stretched with 1½ turn (540°) to hang on HB (Hristakieva)</p>  <p>۳۴۵</p>

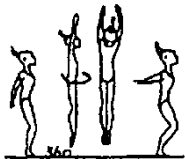



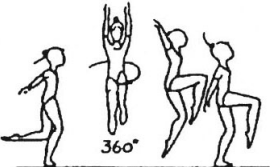

4.000 — STALDER CIRCLES

A	B	C	D	E	F/G
<p>4.107 Rear support – seat (pike) circle bwd to rear support</p> 	<p>4.207</p>	<p>4.307</p>	<p>4.407 Clear pike circle bwd to hstd, also with ½ turn (180°) to hstd</p> 	<p>4.507 Clear pike circle bwd with 1/1 turn (360°) to hstd</p> 	<p>4.607</p>
<p>4.108</p>	<p>4.208 Clear pike circle bwd on LB with counter flight to hang on HB</p> 	<p>4.308 Clear pike circle bwd on LB with hecht flight to hang on HB (Zgoba)</p> 	<p>4.408</p>	<p>4.508 Clear pike circle bwd through hstd with flight to hang on HB, also with ½ turn (180°) (Komova)</p>  <p>Clear pike circle bwd with counter straddle (open hip before flight) – reverse Hecht over HB to hang (Galante)</p> 	<p>4.608 Clear pike circle bwd with counter pike – reverse Hecht over HB to hang</p>  <p>4.708 Clear pike circle bwd with counter stretched - reverse hecht in layout position over HB to hang (Nemour)</p> 

1.000 – GYMNASTIC LEAPS, JUMPS AND HOPS

A	B	C	D	E	F/G
<p>1.106 Pike jump (hip < 90°)</p> 	<p>1.206 Jump with upper back arch and head release with feet almost touching head (sheep jump)</p> 	<p>1.306 (*) Pike jump (hip < 90°) with 1/1 turn (360°), also landing in front lying support (Moerz)</p> 	<p>1.406</p>	<p>1.506</p>	<p>1.606</p>
<p>1.107 (*) Straddle pike jump (both legs above horizontal), or side split jump (leg separation 180°)</p> 	<p>1.207 (*) Straddle pike or side split jump with 1/2 turn (180°)</p>  <p>Split Jump with 1/2 turn (180°)</p> 	<p>1.307 (*) Straddle pike or side split jump with 1/1 turn (360°) (Popa)</p>  <p>Split Jump with 1/1 turn (360°)</p> 	<p>1.407 (*) Straddle pike or side split jump with 1 1/2 turn (540°)</p>  <p>Split Jump with 1 1/2 turn (540°)</p> 	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>(*) Elements in the same box with an asterisk (*) receive credit only once in chronological order</p> </div>	<p>1.607</p>

1.000 – GYMNASTIC LEAPS, JUMPS AND HOPS

A	B	C	D	E	F/G
<p>1.110 Stretched hop or jump with 1/1 turn (360°), also with free leg in optional position</p>  <p align="center">○</p>	<p>1.210</p>	<p>1.310 Stretched hop or jump with 2/1 turn (720°)</p>  <p align="center">⊗</p>	<p>1.410</p>	<p>1.510</p>	<p>1.610</p>
<p>1.111 (*) Leap with alternate leg change (knees above horizontal) (Cat leap)</p>  <p align="center">M</p> <p>Scissors leap forward (legs above horizontal)</p>  <p align="center">⚡</p>	<p>1.211 Cat leap with 1/1 turn (360°)</p>  <p align="center">M</p>	<p>1.311 Cat leap with 2/1 turn (720°)</p>  <p align="center">M*</p>	<p>1.411</p>	<p>1.511</p>	<p>1.611</p>

(*) Elements in the same box with an asterisk (*) receive credit only once in chronological order