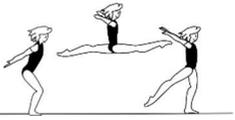
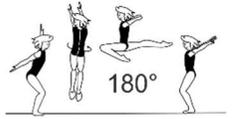
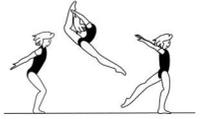
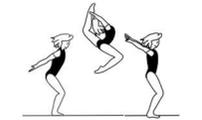
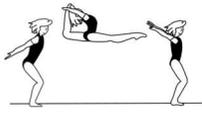
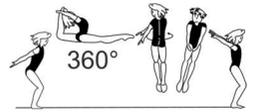
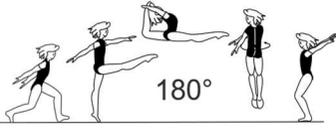
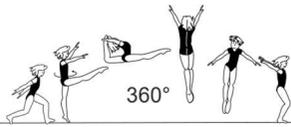


1.000 — GYMNASTIC LEAPS, JUMPS AND HOPS

A	B	C	D	E	F/G
<p>1.109 (*) Split jump (180° separation of legs), back leg straight or bent)</p>   <p>Stag jump (180° separation of legs), back leg straight or bent)</p>   <p>Stag jump with ½ turn (180°)</p>   <p>Sissone (180° separation of legs) on the diagonal/45° to the floor) take off two feet, to land on one foot</p>  	<p>1.209 (*) Sissone to ring position (rear foot at head height, body arched and head dropped bwd, 180° separation of legs), to land on one foot</p>   <p>Stag ring jump (rear foot at head height, body arched and head dropped bwd.), to land on both feet</p>   <p>Split jump to ring position (180° separation of legs) to land on both feet</p>   <p>Split jump to ring position with ½ turn (180°) to land on both feet</p>  	<p>1.309 (*) Split leap to ring ring leap (180° separation of legs)</p>   <p>Split jump to ring position with 1/1 turn (360°) (Jurkowska-Kowalska)</p>  	<p>1.409 (*) Tour jeté, to ring position with additional ½ turn (180°) (Ferrari)</p>   <p>Split leap to ring position with ½ turn (180°) (Ting)</p>  	<p>1.509 Split leap to ring position with 1/1 turn (360°) (Prat)</p>  	<p>1.609</p>